This particular error is an "NMI" or Non-Maskable Interrupt - also called a Normal Mode Interrupt. This exception occurs if you press the Interrupt Button on the front/side/back of the computer as it is starting. The Sad Mac code simply means that you intentionally "interrupted" the startup process. It does NOT mean that your Mac is "broken".

What to do
No action is required on your part other than to NOT press the interrupt switch as the computer starts up.